



Zambian Country Guide

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Current DFAT Travel Advice

This advice is current for Mon, 5th November 2018.

Exercise normal safety precautions in Zambia. Exercise common sense and look out for suspicious behaviour. Monitor the media and other sources for changes to local travelling conditions. Reconsider your need to travel to areas of Zambia bordering the Democratic Republic of the Congo because of the threat of armed criminal gangs. Reconsider your need to travel to areas of Zambia bordering Angola and Mozambique because of landmines in the area. Avoid large crowds, political rallies and demonstrations, as they can turn violent with little warning. See [Safety and security](#).

The level of HIV/AIDS infection in Zambia is high. Take precautions. See [Health](#). The Zambian government has introduced measures to curb the spread of cholera. Over 2,000 cases were reported in Lusaka between November 2017 and January 2018. See [Health](#).

The above information is an edited excerpt of the Travel Advice Summary from The Department of Foreign Affairs and Trade. Travellers are encouraged to read the travel advice in full, subscribe to updates to this advice and to register their presence in Zambia at smartraveller.gov.au.

Vaccinations and Health Precautions

The following information is intended as a guide only and in no way should it be used as a substitute for professional medical advice relative to a travellers individual needs and vaccination history. No guarantee is made as to its accuracy or thoroughness. For further information, please contact The Travel Doctor on 1300 658 844.

Vaccination against hepatitis A is recommended for travellers to Zambia. Frequent or long stay travellers should consider vaccination against hepatitis B. Vaccination against rabies (particularly if working with animals) and typhoid (particularly when travelling to areas with poor sanitation and hygiene) should be considered by travellers to Zambia. Cholera is reported in Zambia but vaccination is generally not recommended. Care with food and beverage selection is far more important. Travellers are advised to drink bottled water and avoid ice cubes and raw/undercooked food. Do not swim in fresh water to avoid exposure to diseases such as schistosomiasis (bilharzia). There is a high risk of malaria in Zambia and dengue fever also occurs, thus insect avoidance measures and anti malarial medication may be necessary depending on your itinerary.

Regardless of destination, all travellers should be up-to-date with their routine "background" vaccinations including a recent annual influenza vaccination. Please consult a medical practitioner or contact The Travel Doctor for your specific risk to these preventable diseases and the appropriate avoidance measures. Australians travelling to Zambia should ensure that they have adequate travel insurance to cover the length of their stay. Medications that are legal in Australia may be illegal in other countries. For further information on insurance, taking medication overseas and other issues please visit smartraveller.gov.au/tips.

Zambian Representatives in Australia and Abroad

High Commission of Zambia, Australia

10 National Circuit
BARTON ACT 2600

Tel: (02) 6199 4900
Fax: (02) 6199 4956

Web: zambia.org.au

Zambian Department of Immigration, Zambia

Tel: (+260 211) 252 622

Web: zambiaimmigration.gov.zm



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Time Differences between Zambia and Australia

Zambia is Greenwich Mean Time +2 hours. Daylight saving time is not observed. The applicable time zone in Zambia is called Central Africa Time (CAT).

Zambia, 12 noon, Winter (Jun) = Perth 6pm; Darwin, Adelaide 7:30pm; Brisbane, Hobart, Melbourne, Sydney 8pm.
Zambia, 12 noon, Summer (Dec) = Perth 6pm; Darwin 7:30; Brisbane 8pm; Adelaide 8:30pm; Hobart, Melbourne, Sydney 9pm.

Important Contact Numbers

Country Code for Zambia: +260

To Dial Australia
Call: 00 61 <City> <Number>

International Operator: 090

Travelex Card Services:
Call the US on +1 954 838 8294

Visa Global Assistance:
Call the US on +1 303 967 1096

MasterCard Assistance Centre:
Call the US on +1 636 722 7111

American Express Travellers Cheques:
00899, then 888 938 2639

Emergency Services: 999

Emergency response, particularly outside major cities, may be delayed due to a lack of vehicles and other resources.

Important Information to be Recorded

Travellers are encouraged to carry photocopies of all important documents separately to their originals and to leave a set of these photocopies with someone in Australia. This includes those documents listed below.

Passports

Name: _____ Passport #: _ _ _ _ _

Name: _____ Passport #: _ _ _ _ _

Credit Cards

Name: _____ Institution: _____

Card Number: _ _ _ _ _

Name: _____ Institution: _____

Card Number: _ _ _ _ _

Travel Insurance

Name: _____ Institution: _____

Policy #: _____ Emergency #: _____

Name: _____ Institution: _____

Policy #: _____ Emergency #: _____

Australian Representation in Zambia

Australian Embassy, Zimbabwe

1 Green Close
Borrowdale
HARARE

Tel: +263 (0) 242 853 235 55
Mob: +263 (0) 772 572 035
(emergencies only)

Web: www.zimbabwe.embassy.gov.au

Australian Honorary Consulate,
Zambia

2/B/23 Roan Road
Kabulonga
LUSAKA

Mob: +260 960 706 908

The honorary consulate in Zambia only provides limited services. The Australian Embassy in Zimbabwe is accredited to this country and can provide full consular assistance to Australians in Zambia.

Alternatively, Australians may obtain assistance by contacting the 24 hour Consular Emergency Centre in Australia on (+61) 2 6261 3305. Australians travellers are encouraged to register their presence and contact details in Zambia with the Department of Foreign Affairs and Trade at www.orao.dfat.gov.au.



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Duty Free Allowances for Zambia and Australia

Duty Free limits when entering Zambia:

Alcohol: 2.5 litres wine or 1.5 litres spirits or 2.5 litres of clear beer.
 Tobacco: 400 cigarettes or 500g of tobacco.
 Other Goods: Up to US\$1,000.

Duty Free limits when entering Australia:

Alcohol: 2.25 litres of alcoholic beverages.
 Tobacco: 25 cigarettes plus one open packet of cigarettes.
 Other Goods: Up to \$900 (\$450 for minors).

Minors may not claim alcohol or tobacco products. Further restrictions apply when entering/exiting Zambia and Australia. Travellers are encouraged to familiarise themselves with these restrictions before crossing the borders of either country. For further information regarding Australian customs please visit www.border.gov.au.

Electrical and Telephone Adaptors

Electrical Socket type: British and European (some Indian (or old British) sockets are still found in some areas).

Voltage: 220-240v (same as Australia, no voltage/frequency converter required).

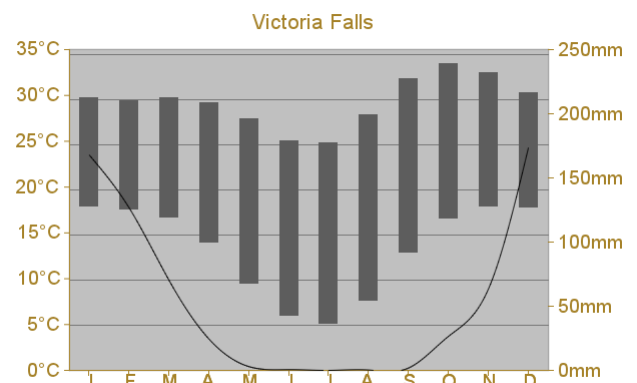
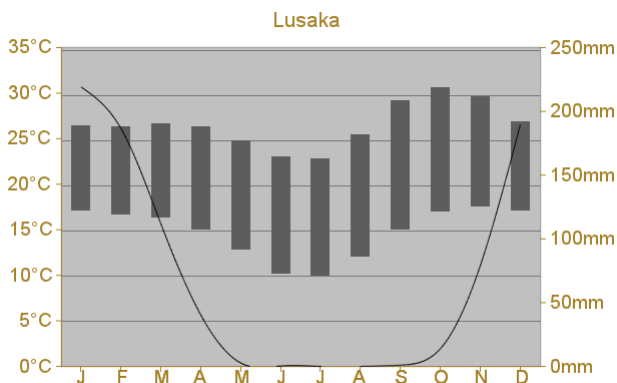
To purchase electrical adaptors, or for further information, go to www.korjo.com.au.



Zambian Public Holidays 2018

01 Jan:	New Year's Day	25 May:	African Freedom Day
08 Mar:	Woman's Day	02 Jul:	Heroes' Day
12 Mar:	Youth Day	03 Jul:	Unity Day
30 Mar:	Good Friday	06 Aug:	Farmers Day
31 Mar:	Holy Saturday	24 Oct:	Independence Day
02 Apr:	Easter Monday	25 Dec:	Christmas Day
01 May:	Labour Day		

Average Temperature (Bar) and Precipitation (Line) in Zambia



Source: Zambia Meteorological Department. For local forecasts please go to www.zmd.gov.zm.

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Page 4 of 5 Zambian Currency Information and Cheat Sheet Exchange Rate with Zambia

Interbank Rate

1 Australian Dollar (AUD) = 8.53 Zambian Kwacha
 1 Zambian Kwacha (ZMW) = 0.12 Australian Dollars

With 4% Margin

1 Australian Dollar (AUD) buys 8.20 Zambian Kwacha
 1 Zambian Kwacha (ZMW) will cost 0.12 Australian Dollars

All rates were correct at a point in time on Monday, 05 Nov 2018. The "Interbank Rate" does not take into account any exchange fees, while the "With 4% Margin" adds 4% to the exchange rate to simulate a typical margin that would be paid when exchanging these currencies. These currency rates have been rounded and should not be used when calculating transactions of large value.

Currency Cheat Sheet

5 ZK	=	\$0.61 AUD	100 ZK	=	\$12.20 AUD	1,000 ZK	=	\$121.96 AUD
10 ZK	=	\$1.22 AUD	200 ZK	=	\$24.39 AUD	2,000 ZK	=	\$243.93 AUD
20 ZK	=	\$2.44 AUD	300 ZK	=	\$36.59 AUD	3,000 ZK	=	\$365.89 AUD
30 ZK	=	\$3.66 AUD	400 ZK	=	\$48.79 AUD	4,000 ZK	=	\$487.85 AUD
40 ZK	=	\$4.88 AUD	500 ZK	=	\$60.98 AUD	5,000 ZK	=	\$609.81 AUD
50 ZK	=	\$6.10 AUD	600 ZK	=	\$73.18 AUD	6,000 ZK	=	\$731.78 AUD
60 ZK	=	\$7.32 AUD	700 ZK	=	\$85.37 AUD	7,000 ZK	=	\$853.74 AUD
70 ZK	=	\$8.54 AUD	800 ZK	=	\$97.57 AUD	8,000 ZK	=	\$975.70 AUD
80 ZK	=	\$9.76 AUD	900 ZK	=	\$109.77 AUD	9,000 ZK	=	\$1,097.67 AUD
90 ZK	=	\$10.98 AUD				10,000 ZK	=	\$1,219.63 AUD

This cheat sheet uses the "With 4% Margin" rate of exchange listed above.

Banknotes of Zambia

The legal currency of Zambia is the Kwacha, which has the currency code "ZMW" and the symbol "ZK". The subunit of the kwacha is called the ngwee, of which there are 100 in every kwacha. The following units of currency are the most common, however other versions and denominations are also in circulation. Pictures are not to scale. As it is illegal in many countries to print copies of bank notes, travellers are advised to remove the below images prior to travelling.





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About Zambia

Full Name: Republic of Zambia.
 Former Name: Northern Rhodesia.
 Independence: 24 October 1964 (from the UK).
 Size: 752,618 sq km (similar to NSW).
 Population: 14.2 million (60% the size of Australia).
 Lusaka (capital) 1.4 million.
 Languages: English (official) and many Bantu languages.
 Religion: Christian 87%, with Muslim and Hindu minorities.
 Ethnicity: African 99.5%, other 0.5%.
 GDP Per Capita: US\$1,700 (Australia US\$40,800).

Significant Dates:
 Pre 1888AD - Bushmen and over 70 tribes including the Lozi, Bemba, Ngoni, Tonga and Luvale inhabit the region.
 1800's - Christian missionaries explore the area and begin to convert the indigenous peoples to Christianity.
 1851 - Livingstone explores the upper Zambezi River.
 1888 - Cecil Rhodes begins British control over the area.
 1911 - The territory is named Northern Rhodesia.
 1923 - Nth Rhodesia becomes a British protectorate.
 1920's - Copper is discovered, spurring development.
 1964 - Independence from UK, name changed to Zambia.
 1964-91 - Rule of Kenneth Kaunda. Zambia becomes a one party state from 1972.
 1991 - Constitution allowing multiple parties is adopted.

